



What is Arnold-Chiari Syndrome type I?

- Arnold-Chiari disease or syndrome type I presents a clinical picture that includes **100 possible symptoms**, being effort headache, neck pain and vertigos the most frequent ones.
- In the majority of the cases, it is associated with the **descent** of the encephalon, especially evident in **cerebellar tonsils**, which impact or herniate past the foramen magnum.
- It's part of a new condition, the **Filum Disease**, which can manifest in the form of other conditions, like idiopathic Syringomyelia and Scoliosis, Basilar invagination, Platybasia, Odontoid Retroflexion, Brainstem kinking and others.
- They are all consequences of the **abnormal caudal traction** applied by the filum terminale to the entire nervous system.
- Its progressive deterioration can be halted through the application of the protocols of the **Filum System®** health method, which includes different treatments and surgical interventions.